## LESSON 01 What do you like to eat for breakfast?

### READ · A MESSAGE FROM MOROCCO

Hi teens! I am from Morocco and I am in year 3 of middle school. **On school days**, I like to have fresh bread with olive oil and hot mint tea *for breakfast*, but I don't like milk. *For lunch*, I like to have a chicken sandwich and apple juice. *For my afternoon snack*, I love eating sweet biscuits and fruit. *As for dinner*, I like to have soup or pasta. **On weekends**, my family and I always enjoy traditional tagine or couscous for lunch. I don't like to eat fish or drink cold soda.

### USEFUL LANGUAGE

**LIKES & DISLIKES** **I like** pizza / fruit. • **I really like** vegetables.
**I love** eating biscuits. • **I don't like** seafood / milk.

**TALKING ABOUT MEALS** **For breakfast, I like** bread and eggs.
**For lunch, I like** chicken sandwiches.
**For dinner, I like** soup. • I drink water or juice.

### ASK AND RESPOND

**A** What do you like to eat for breakfast?
**B** I like bread and eggs, but I don't like milk.

**REACT** **(same) Me too. • Same here. • Me neither. / (different) • Not me.**

**REMEMBER** like + noun: I like apples. | like + -ing: I like eating apples.

### YOUR TURN · COMPLETE THE SENTENCES

1. For breakfast, I like _____.
2. For lunch, I like _____.
3. I really like _____, but I don't like _____.

## LESSON 02 Let's make a vegetable pizza!

### FOOD PICTURE DICTIONARY




### FOOD CATEGORIES

| | |
|---|---|
| **FRUIT** apples, oranges, grapes, strawberries, lemons | **DAIRY** milk, cheese, butter |
| **VEGETABLES** carrots, onions, potatoes, tomatoes, pumpkin | **MEAT & FISH** beef, chicken, fish |
| **GRAINS** rice, flour, couscous | **DRINKS** milk, water, juice, tea, coffee |

### GRAMMAR FOCUS · PLURAL NOUNS

| WHEN? | RULE | EXAMPLES |
|---|---|---|
| Most nouns | Add -s | egg → eggs<br>apple → apples<br>carrot → carrots<br>cookie → cookies |
| Nouns ending in -ch, -sh, -ss, -x, -o | Add -es | sandwich → sandwiches<br>peach → peaches<br>dish → dishes<br>glass → glasses<br>box → boxes<br>tomato → tomatoes<br>potato → potatoes |
| Consonant + y | Change -y to -ies | berry → berries<br>cherry → cherries<br>strawberry → strawberries |
| Vowel + y | Add -s | tray → trays |

**Countable:** one apple / two apples. **Uncountable:** some rice, milk, flour or cheese (usually no plural -s).

### LET'S MAKE A PIZZA! · DIALOGUE

**A:** I'm hungry! Let's make **a big pizza** together.
**B:** Great idea! What items do we need to buy at the shop?
**A:** We need to buy **some flour, cheese, and tomato sauce**.
**B:** Do we need any **fresh mushrooms or olives** too?
**A:** Yes, let's get **some mushrooms, olives, and green peppers** as well.
**B:** Perfect! Let's go to the market now.

### SHOPPING LIST LANGUAGE

**What do we need?** We need some tomatoes, cheese and flour.
**Let's buy...** Let's buy potatoes and carrots.